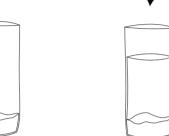
Instructions

1 tablespoon of coffee grounds or loose leaf tea is recommended for every 4 fl oz of water. You can add more or less for a stronger or lighter brew. Add hot water between 180°-190°F (82°-87°C) and allow coffee or tea to steep for 4-5 minutes. Slowly press the plunger down with steady pressure.
This will push all the grounds or tea to the bottom of the mug.

Now you are ready to take on the day with your fresh brew! Be sure to wash your mug with warm water and soap after each use.

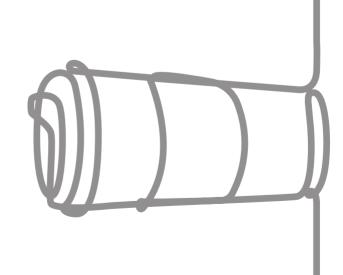












15 floz / 450ml Stainless Steel Tumbler